

Thorpe Woodlands Adventure Centre 2023/24



Dates 27/11/23- Arriving 10AM
29/11/23- Departing 3PM





Archery



Canoeing



Caving



Climbing



Giant Swing



High Ropes Course



Kayaking



Low Ropes Course



Mountain Biking



Orienteering



Powerfan



Raft Building



Shelter Building



Team Challenges



Zip Wire



3-day Example Activity Programme Example

	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
DAY 1			Arrive & Welcome Brief	Site Tour & Group Games	Lunch	Team Building & Problem Solving		Archery & Low Ropes		Freetime	Dinner	Evening Activities Night Walk & Campfire		Settle and Bed by 10pm
DAY 2			Breakfast	Energizer Games	Caving Session		Lunch	Canoeing Session		Climbing & Powerfan		Freetime	Dinner	Evening Activities Treasure Hunt & Campfire
DAY 3	Breakfast	Energizer Games	High Ropes Session Big Swing & Zip Wire		Lunch	Shelter Building		Pack-up, team photo & depart						

Our residential activity programmes can be adapted to meet the size, needs and age of your group as well as taking into account the time of year, weather conditions etc. If there are particular activities that you would like to be included in your programme or that you wish to avoid then please let us know. We will share the suggested programme with you before your visit and you can make changes right up to the day of your arrival. We normally operate a 'carousel' of activities so that each group gets to do every activity but not necessarily at the same time. Where possible we ensure that programmes are progressive and incremental in their level of challenge in order to maximise learning and development opportunities. Each activity group usually consists of 1 instructor, up to 10 participants and a supporting teacher or responsible adult.







What to Bring – Top Tips

- **Involve** your child in packing so they know what they are bringing
- **Write names** on as many things as possible – we get lots of things left behind each week
- **Don't bring favourite or expensive clothes** – they may get lost or damaged
- **Practice** fitting a duvet cover and making a bed before arriving!
- **Money** – You don't need to bring any money as there is nowhere to spend it!
- **Sweets and snacks** – We would prefer that you don't bring any sweets or snacks but talk to your school if you feel differently
- **Do not bring mobile phones or electronic gadgets**

4 T- shirts (some long sleeved)	
2 sweatshirts/jumpers/fleece tops	
4 sets of underwear	
3 pairs of joggers/trousers/leggings	
4 pairs of socks (All socks need to cover ankles)	
2 pairs trainers (1 pair will get wet)	
Waterproof Jacket	
Pyjamas & slippers (if you have them)	
Towels / soap / shampoo / hairbrush / toothbrush /toothpaste	
Plastic drinks bottle (750ml - 1,000ml)	
1 pair of old trousers and a sweatshirt for caving (these may get damaged)	
2 plastic bags for wet/worn clothes	
Sun Hat / Sun Cream (May-September)	
Warm Hat and Gloves (September-May)	
Torch (September -May. Not too big or too bright – head torches are good)	
USEFUL EXTRAS	
Wellies, wet shoes, day sack, card games, book, hair bobbles for tying back long	

Cost and Payment method

- Total cost of residential- **£123 pp**
- **£60** deposit payable by 8th September 2023
- Payments to be made via IRIS parent mail app
- Payments can be made in lump sum or in instalments